

# P&C NEWSLETTER

Updates from Russell Lea Public School Parents & Citizens Association

## Dates for your Diary

**Tuesday 12th October**  
P&C October General Meeting

**Friday 29th October**  
RLPS P&C Raffle Draw



**Maggie Dent Webinar Recording**  
available until 5th October  
<https://youtu.be/DI9S14pf80I>

NSW Primary Principals' Association partnered with Maggie Dent on this webinar to support families. The P&C funded RLPS's access to the recording as it is our priority to provide useful resources to assist our school community during the pandemic. The 'parental pause' is something I took away from this session! Hope you also find some useful information within.

**Practical Parenting in a Pandemic** looks at the impact lockdown is having on our capacity for coping and addresses some key issues...

- How to keep on building strength and resilience with small steps that will prepare you for the months ahead
- Tips for transitioning your children through a staggered return back to school and face-to-face learning
- Strategies for managing prolonged remote learning (crisis learning) and working from home with kids and teens underfoot
- Preparing to cope with snap lockdowns that may be ahead when outbreaks occur in school communities and local government areas
- Managing the long-term separation from family, friends and other key support people in your life
- The dynamics of loss and change – and how you can navigate them
- Understanding and managing your own stress
- Warning signs and what to do about them
- The steps to recovery...

**Maggie Dent resources**

<https://www.maggiedent.com/covidresources/>

## SEPTEMBER NEWS

It's the end of term! Holidays are here. Congratulate yourselves for 10 weeks of home based learning. We got there!

There were some things that helped along the way and I would like to acknowledge them. The RLPS Geocache was a super fun activity for the kids and adults! I heard lots of positive comments from families who like us, were out that first sunny weekend at the various locations, searching high and low for the geocaches. Thank you to Dan Sprange for pulling that together. I would also like to thank our teachers for getting us through the term. Spoonville, Potato Olympics and the Creative & Sports Day brightened up the week's timetable. Wishing families and teachers a well deserved break from school!

### SEPTEMBER P&C MEETING SUMMARY

Some updates from Tuesday night's Zoom meeting to share:

**Community Grant Awarded by Canada Bay Council** - we were recently awarded a small grant towards a proposed Indigenous Artwork and Signage project. Due to receiving a partial amount, we are altering the scope of the project. Funds will be directed towards an Acknowledgement of Country sign for Wangal in addition to a plaque to acknowledge the Wangal roof artwork. We will be consulting with the artist on the artwork's story and the NSW Aboriginal Education Consultative Group (AECG) on appropriate acknowledgement wording.

**Wangal AV/ Staging Project** - the demountable stage pieces are due to arrive in Term 4, the audio equipment has started to arrive and the electrical work to bring power to the temporary stage area has been carried out. This project is now complete! We very much look forward to holding performances, presentations and other events when restrictions ease.

**Raffle** - to be drawn on Friday 29th October. Plans about collecting sold tickets and the option to purchase tickets via an online platform will be shared in Term 4.

**P&C EOFY 31 October/AGM** - reports to be prepared for annual audit in preparation for December's AGM. Office bearers and subcommittee positions will open for nominations at the AGM. If you are interested in getting involved in the P&C, please come along to our meetings or get in touch for further info.

*Enjoy your picnics and take care,  
Narelle*

### Hope all the dads and dad figures enjoyed Father's Day!



Our Dad Joke winners - enjoying their prizes!

WHY DO NORWEGIAN NAVY BOATS HAVE  
BAR CODES?  
SO WHEN THEY RETURN TO PORT THEY CAN  
SCANDINAVIAN!  
SKYE LEWIS (3/4A)



## We need your help!

### Auditor required



Our Treasurer Anthony has worked tirelessly to streamline P&C financials so the audit will be straightforward. If you have an hour or two in November to complete an audit, please get in touch: [russell.lea.public.pc@gmail.com](mailto:russell.lea.public.pc@gmail.com)  
NSW P&C Federation confirms an auditor does not need to be a qualified professional. An auditor must possess appropriate skills and experience in auditing and financial record management.